

# Lincolnwood Baseball Association General Rules

## A. Responsibility and Conduct

1. The primary objective of Lincolnwood Baseball Association is to help players develop socially acceptable qualities of citizenship and sportsmanship. Coaches and Assistant Coaches are expected to display these qualities in their conduct toward other adults, more importantly to teach these qualities to the youth in their charge. In the event of any disagreement regarding a rule, or any question about play, a time out should be called and the two Coaches should meet with the umpire for a discussion and ruling. In the event of a no-umpire game, the Coaches should try to resolve the dispute to the best of their ability and if needed refer to the respective league president. Frequent communications between opposing Coaches during the course of a game is necessary and desirable.
2. Each Coach is responsible for the conduct of his Assistant Coaches, players and parents as well as the proper care of uniforms and equipment entrusted to them.
3. Any Coach, Assistant Coach, player or fan who is reprimanded by the umpire and then ejected from the premises will result in the forfeiture of his team's game.
4. All Coaches, Assistant Coaches, umpires, players and fans shall endeavor to maintain a dignified, mature relationship with the other Coaches, Assistant Coaches, umpires, players and fans. All LBA participants shall adhere to established channels of communication with all League personnel. Abusive language and actions will not be tolerated. Any Coach, Assistant Coach, player or fan using such language or displaying behavior deemed to be of unsportsmanlike nature by an umpire, may result in the immediate removal of that person from the game or stands. The penalty for a Coach, assistant Coach or player removed from a game has 24 hours from the time of the removal to contact a League Director and appeal the suspension. The League Director will then convene a meeting of the Disciplinary Committee within 72 hours of being notified by the Coach, Assistant Coach or player. The Disciplinary Committee's ruling is final. A second infraction of this rule requires a mandatory hearing by the Disciplinary Committee.
5. Any participant who touches or strikes an umpire may be suspended for life from Lincolnwood Baseball Association.
6. At the conclusion of a game, players, Coaches, and Assistant Coaches should shake hands in a sportsman like manner. Failure to do so will only foster ill feelings and lead to problems in future games.
7. Lincolnwood Baseball Association prohibits the consumption of alcohol, tobacco and/or illicit drugs by Coaches, Assistant Coaches, players and umpires on the field during games or practices. Any Coach, Assistant

- Coach, player or umpire found to be using alcohol, tobacco and/or illicit drugs during and LBA sanctioned practice or game by a by a LBA Board Member will be immediately suspended for a minimum of one game, pending an appeal to the Disciplinary Committee. A second infraction of this rule requires a mandatory hearing by the Disciplinary Committee.
8. No one except rostered players, Coaches and Assistant Coaches will be allowed in the dugout during the game.
  9. Players must remain seated in the dugout during the game, unless permitted to leave by the Coach or Assistant Coach.
  10. No food is permitted in the dugout during the game.
  11. Players are required to be at the field 30 minutes prior to game time. This allows proper time for warming up.
  12. The team listed second on the schedule is the home team.
  13. Home team is responsible for setting up the bases and pitcher's mound. The home team will occupy the third base dugout. The home team will be responsible for returning any equipment (bases, pitching rubber) to the field boxes after completion of the game.
  14. No one will be permitted to stand or sit behind the backstop during the game. This rule will be enforced by all Coaches, Assistant Coaches, umpires and League Directors.
  15. Both teams will be responsible for policing the area after each game. Please help in keeping the park and fields clean.
  16. Throwing of any equipment will not be tolerated. Players will be warned once, and if it occurs again, that player will be removed from the game. Repeated violations will result in a one game suspension.
  17. No spitting, swearing or smoking by Coaches, Assistant Coaches or players on the fields during games.
  18. Games for all Leagues shall start at 6:00PM and once a game has started, starting or canceling the game is the sole responsibility of the umpire.
  19. Batting orders are set at the beginning of the game, and cannot be altered (player positions may be altered). Free substitution is allowed in all Leagues.
  20. Winning teams in the Pony, Majors and Minor Leagues must turn in their game sheets or contact the League Director of the game's score. The standings will be taken from the game sheets.
  21. If no umpire shows up, then the Coaches can mutually agree on someone to act as umpire. If there is no agreement the game will be rescheduled.
  22. If a player arrives after the start of the game, he must be added to his team's batting order as the last hitter. In addition, any player arriving late may not be substituted into any position on the field until the beginning of the next inning.

## **B. Uniforms**

1. All players are required to wear an athletic supporter and a protective cup at all practices and games. No player will be allowed to practice nor play without one.

2. All players are required to wear a helmet when at bat, when on the bases or when on deck during games or practice. Intentional removal of a helmet by a batter or base runner, while the game is in progress, will result in that player being called out.
3. All batters must have their uniform shirt tucked in while at the plate.
4. All batters must remove jackets, sweaters, sweatshirts, etc. so that the uniform is visible while batting. In cold weather a jacket may be worn while on the bases or in the field.
5. No player will be disqualified from playing if he is out of uniform (with the exception of No.1 above). Hats must be worn at all games. No exceptions.
6. A catcher's mask must be worn by any player, coach or parent who warms up the pitcher, whether during practice, before the game, or during the game.

### **C. Forfeit Time**

1. Forfeit time for all games shall be 15 minutes after the official scheduled starting time. Starting time may vary only on agreement among the two opposing Coaches and the umpire – *good sportsmanship should prevail*.

### **D. All Star Play**

1. Rosters for the all star play shall be limited to 14 players plus 2 alternates. Selection of the players and alternates shall be made on the recommendations of League Coaches. The final decision as to the players shall be at the discretion of the All Star team Coach.
2. The Board of Directors shall select the All Star Coach and his Assistant for each team the League enters into All Star Play.
3. Rules governing All Star play will be established by the Board of Directors as needed.

### **E. Weather**

1. Rainout information will be available at the league number no later than 4:00PM of game day.

Rain-Out Phone Numbers Entered Here

2. No games will be moved from the baseball diamonds to the grass.
3. All cancelled games will be rescheduled for the next available open date.
4. Games cannot be rescheduled for any reason other than weather.